

Curriculum Overview

Key Stage 3 (Years 7, 8 & 9)

Year	Learning Phase 1 - 2	Learning Phase 3 - 4	Learning Phase 5 - 6
Year 7	Dance, Gymnastics, Netball/Handball/Basketball, Football	HRF (Health Related Fitness), OAA (Outdoor Adventurous Activities), Rugby or Tag Rugby, Indoor Games	Tennis, Athletics, Rounders or Cricket
Year 8	Dance or Games, Gymnastics, Netball/Handball/Basketball, Football	HRF, OAA, Rugby or Tag Rugby, Indoor Games	Tennis, Athletics, Rounders or Cricket
Year 9	Dance or Games, Trampolining or Indoor Games, Netball/Handball/Basketball, Football	HRF, OAA, Rugby or Tag Rugby, Indoor Games	Tennis, Athletics, Rounders or Cricket

Key Stage 4 (Years 10 & 11)

Year	Autumn/Spring Content	Spring/Summer Content
Year 10	Sports Education Games or Aesthetic Activities: Netball, Football, Basketball, Rugby, Badminton, Dance, Gymnastics, Trampolining.	Summer Sports: Rounders or Cricket, Tennis, Athletics, Softball.
Year 11	Options Programme (Indoor): Choice from Badminton, Football, Netball, Basketball, Dodgeball, Fitness, OAA, Exercise to Music, Table Tennis, Volleyball.	Options Programme (Outdoor): Choice from Football, Fitness, OAA, Exercise to Music, Tennis, Rounders, Athletics, Softball.