

Physical Education

	Learning Phase 1 - 4			
Year 7	Dance	Gymnastics	HRF	OAA
	Netball or Basketball	Football	Rugby or Tag Rugby	Indoor Games
Year 8	Dance or Games	Gymnastics	HRF	OAA
	Netball or Basketball	Football	Rugby or Tag Rugby	Indoor Games
Year 9	Dance or Games	Trampolining or Indoor Games	HRF	OAA
	Netball or Basketball	Football	Rugby or Tag Rugby	Indoor Games
Year 10	Sports Education Games or Aesthetic Activities	Sports Education Games or Aesthetic Activities	Sports Education Games or Aesthetic Activities	Sports Education Games or Aesthetic Activities
	Sports Education Games or Aesthetic Activities	Sports Education Games or Aesthetic Activities	Sports Education Games or Aesthetic Activities	Sports Education Games or Aesthetic Activities
Year 11	Options Programme – choice from: Badminton, Football, Netball, Basketball, Dodgeball, Fitness, OAA, Exercise to Music, Table Tennis, Volleyball			

	Learning Phase 5 -6			
Year 7	Tennis	Athletics	Rounders or Cricket	Athletics
Year 8	Tennis	Athletics	Rounders or Cricket	Athletics
Year 9	Tennis	Athletics	Rounders or Cricket	Athletics
Year 10	Rounders or Cricket	Tennis	Athletics	Softball
Year 11	Options Programme – choice from: Football, Fitness, OAA, Exercise to Music, Tennis, Rounders, Athletics, Softball			