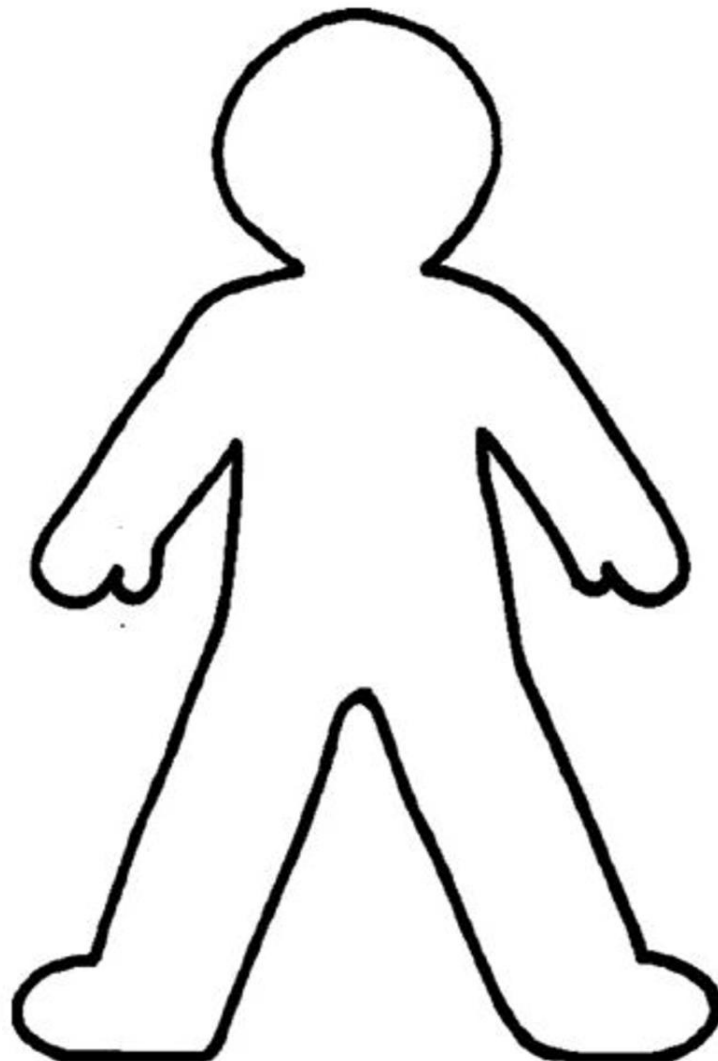


Transition task 5 – Your thoughts

Some pupils walk right into school and never look back. Some have older siblings and so are very familiar with the building and how secondary school works. Other pupils may have never been on site before and may have some queries or worries about the move to secondary school.



Use the image below to **write down your thoughts and feelings. Inside the image write down all the questions or concerns you have. Outside the image write down all the things you are looking forward to trying or doing in secondary school.**



Keep hydrated

At Range High School we promote drinking water in school. No one is allowed fizzy or energy drinks. You are allowed to carry a refillable water bottle around with you and there are water fountains in different areas of the school that you can use.



Look at <https://www.nhs.uk/live-well/eat-well/water-drinks-nutrition/>

Why should we ensure that we stay hydrated? Draw or write your ideas inside the water bottle below.

