

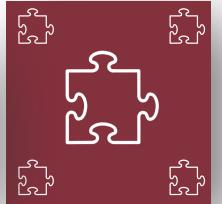


## DAILY VIDEO

## DAY 62

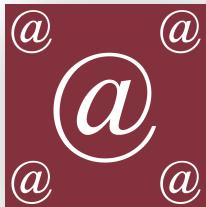


## DAILY ACTIVITY



### Day 62

Take 5 minutes to write down your feelings today.



**An idea to check out...**  
Enter the 2020 Childnet Film Competition from home: <https://www.childnet.com/resources/film-competition/2020>



### DAILY QUIZ QUESTIONS

1. What is measured using the Beaufort Scale?
2. What was the name of the World's first artificial satellite?
3. Which chemical element has the symbol Pb?



### Today's Fun Fact

Vampire bats are the only species of bat that can run. They use their folded wings like legs.

### DAILY QUOTE

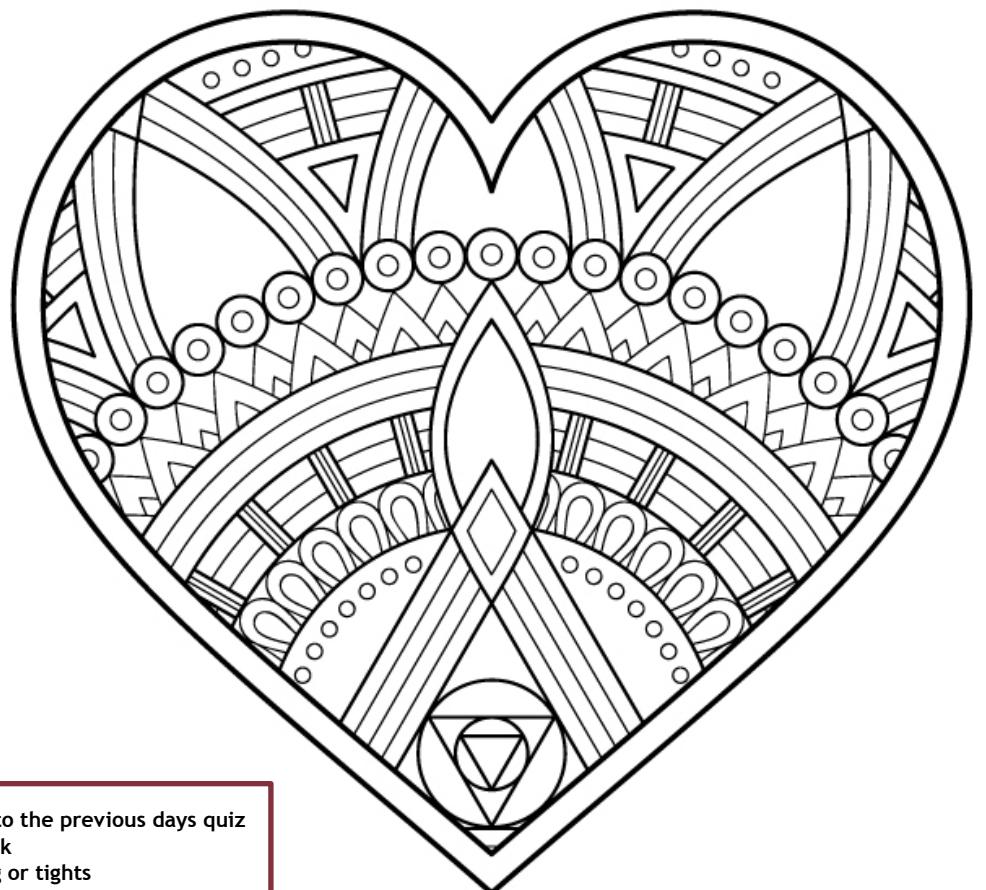
**"We need to reshape our own perception of how we view ourselves. We have to step up as women and take the lead"**

*Beyonce*



LIFE SKILLS & WELLBEING

## WELLBEING & MINDFULNESS



Answers to the previous days quiz  
1. Facebook  
2. Stocking or tights  
3. £20 Note

# THE ISLAND

The information below matches up into pairs. Find the correct five pairs to then reveal the piece of information is an imposter and should not be there



Odd one out =



CODE ESCAPE

