

STAY AT HOME IDEAS



DAILY VIDEO

DAY 50

Monday
11th
MAY

Click Here To Play Video





An idea to check out...

... If you want to try out a quick addictive game give http://slither.io/ a try



The smash-hit game! Play with millions of players around the world and try to become the longest of the day!



DAILY QUIZ QUESTIONS

- What is the square root of 144?
- 2) Calculate 0 x 56 x 3
- 3) What three colours make up the French flag?



Today's Fun Fact

Some cats are allergic to people.

DAILY QUOTE

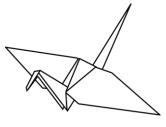
"Work hard in silence. Let your success be your noise"

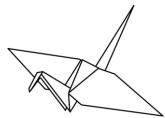
Frank Ocean

Day 50

DAILY ACTIVITY

Look up origami and learn how to fold a crane





WELLBEING & MINDFULNESS



- 1. How can you be kind to yourself? (what can you do?)
- 2. Why are you lucky to be in the situation you are?



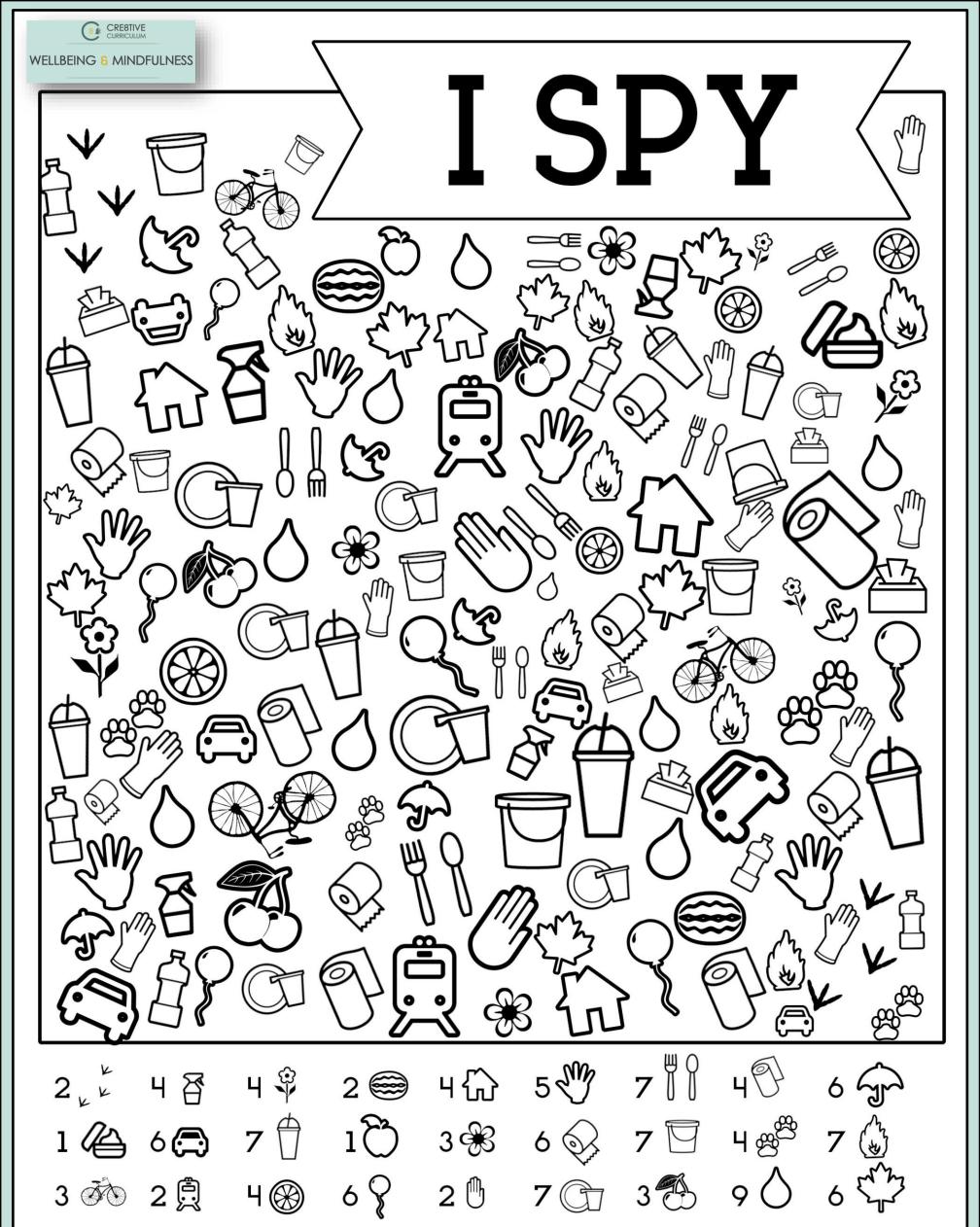
Answers to Day 49 Sunday 10th MAY

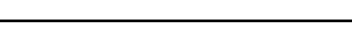
1. X

2. V



Take five minutes out of your day to sit down in a comfortable position and think about the two questions above. Concentrate on your breathing and try to let all other stresses float away for these five minutes. Close your eyes if this helps.





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