



DAILY VIDEO

DAY 47

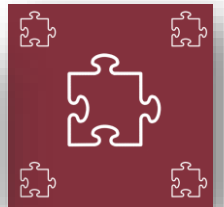
Friday
8th
MAY

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“COURAGE DOESN'T ALWAYS ROAR. SOMETIMES COURAGE IS THE LITTLE VOICE AT THE END OF THE DAY THAT SAYS I'LL TRY AGAIN TOMORROW.”
- Mary Anne Radmacher

Courage of Famous Failures - Inspirational

DAILY ACTIVITY



Day 47

Wake up early to watch the sun rise and see how beautiful it is



An idea to check out...

... If you are interested in how the law works check out **YOU BE THE JUDGE online Simulator** and become a judge for a case



DAILY QUIZ QUESTIONS

- 1) What is the fastest land animal in the world?
- 2) Which of these is not a vegetable? A) Corn B) Potato c) Tomato
- 3) Alphabetically, which is the second sign of the zodiac?



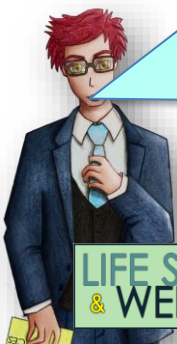
Today's Fun Fact

A snail can sleep for three years.

DAILY QUOTE

“Be a voice not an Echo”

Albert Einstein



LIFE SKILLS & WELLBEING

WELLBEING & MINDFULNESS



1. How do you relax?
What helps you to relax?

2. What helps you to focus and work towards your goals?



Answers to Day 46 Thursday 7th MAY Quiz

1. False
2. 73 Mph
3. An Inch

Mindfulness tips:

Take five minutes out of your day to sit down in a comfortable position and think about the two questions above. Concentrate on your breathing and try to let all other stresses float away for these five minutes. Close your eyes if this helps.

Start a successful campaign

✓ Create a high impact, relevant and informative campaign on the following issue:

ENCOURAGING STUDENTS TO READ MORE BOOKS AT HOME

You must create the following:

1. A Logo
2. One Slogan and Four Hashtags
3. Campaign Placard
4. Mobile Phone Ad Campaign
5. Mind Map of Campaign Strategies
6. List of all the Influential People you Could Contact to Support your Campaign

